

A Mothers' Story

A child can function 100% normally at home and especially at school without chemical medical intervention!

I'd like to tell you my story and how Sportron's Melotone syrup changed my son Jason (born 29 July 2004) and our family.

Little Jason's trouble started at a young age. He woke up every 1hour 45 minutes as a baby; he didn't sleep through until age 3yrs. At around age 18 months – 24 months he refused to eat any food containing 'texture'. His nursery school teacher (bless her heart) would sit with him for up to 3 hours 'coaxing' him to eat. He was stubborn, and didn't respond to any form of behaviour-correction (time outs, reward etc)

When Jason moved into a more structured classroom environment (age 2-3yrs), we noticed drastic problems regarding school work and obedience. I would get a phone call at least once a week, sometimes twice a week about Jason's disobedience and disruptive behaviour, his school reports were constantly relating how he lacks concentration and disrupts the class, and the classic 'just cannot sit still and complete a task'. I was asked to remove Jason from the music programme at school as the instructor could not get a lesson done with the other children due to Jason's constant disruption and refusal to co-operate.

Jason was the 'Tasmanian Devil' – like a hurricane and destroyed everything in his path, ripping books, throwing chairs around, displaying out of control dare-devil physical activity. Although highly intelligent and a fantastic imagination and memory, poor Jason was just constantly on the go and couldn't conform to a structured classroom environment. At age 3 1/2yrs Jason was still not able to draw or colour in – he would tear his colouring-in book (even tried to eat it once) and all he ever drew was one continuous circle labyrinth and the only colour he used was brown. Jason could not use a pair of scissors, he didn't even try. He became easily upset and frustrated and even refused to take part in the school's end of year concert.

On the 23rd February 2008, I bought Melotone and continued to give it to him everyday, the first positive behavioural change was noticed toward the end of March, exactly 1 month after starting Melotone. The holiday care teacher told me Jason had been an absolute angel the 2 weeks he was in holiday care. By the time school holidays were over and Jason went back to school, I was now getting phone calls from the teacher wanting to know what we have done to improve Jason's behaviour so drastically? Jason was coming home with beautiful drawings of sky, sun, grass and even PEOPLE (ok immature stick people, but the picture had structure and a story!). Jason was using all the colours in the crayon box and was especially proud of a recent activity where they had made a squirrel puzzle: cut a picture into 6 pieces to glue onto hardboard to form a mosaic picture, and he cut out on the lines – perfectly! Many people take their children's art that they bring home from school as nothing more than their day to day scribbles – for me, Jason's progress was most evident in his artwork, and I now keep every masterpiece. For the first time in his life Jason had managed to bring home something that he had created (and it was in one piece. Usually he tore it up before I even saw it.) Jason's behaviour is like night and day – he can now wait his turn, he doesn't interrupt during story time, he sits and completes his artwork and he can participate in group activities without

throwing tantrums and disturbing the other children. I can reason with him (something that was previously impossible!) and he shows pride in his art and creations from school.

I know what it is like to struggle with a child that other people believe to be 'undisciplined' and scowl at in the shops when he throws a tantrum because he wanted to sit in a blue trolley and we could only manage to get a red one, or people who tell us we are not strict enough as parents and that the problem lies with us. I know what it's like to be exhausted by 7:00 pm at night when your day is spent apologising to teachers and other parents because your child spat in their faces (this is not a lie, this was the extent of Jason's bad behaviour). I can sympathise with the parents who pray for the end of the weekend to come quickly - a child with ADHD can be physically exhausting, it can even end a marriage. It's hard when your own family make comments like: "Please don't stay out too long, we can only handle Jason in small doses" or "I can't look after him today because I need 2 other people here to help me control him, I need you to warn me in advance so that I can prepare". I even know what it's like to get a warning from a domestic airline that if your child should display the bad behaviour as witnessed on the flight, that we would not be allowed to use that specific airline again (I don't think many people can add that to their 3yr olds list of 'offences'!)

I would also like to add that we now follow a strict diet free of preservatives, additives, and colourants and eliminate foods high in salicylates. I am a member of ADHASA (Attention Deficit and Hyperactivity Support Group of SA) and I mostly treat my children homoeopathically. I have also seen an Education Psychologist who suggested a number of exercises for Jason that assisted with his sensory integration problems.

Thanks to Melotone Syrup, I will never have to make use of prescription medicine to control Jason's ADHD behaviour. Jason is proof that a child can function 100% normally at home and especially at school without chemical medical intervention – I would suggest to any parent, to use Melotone syrup and a multivitamin like BioStrath (provided your child isn't sensitive to yeast) before accepting a script from a doctor for a chemical based medicine to control ADHD. Rather explore each and every possible alternative, leave the chemical medicines as your absolute last resort. Don't give up, use every resource available, and search for the right 'cure' for your child.

We are emigrating to New Zealand and would like to stay in touch. I will be studying "Natural Medicine" and want to concentrate on mainly dealing with people with ADHD.

Thank you for the wonderful work you do and for helping our family.

Dalene Theron-DeDoes